

## High Frequency Broadcasting Technique™

Each person is stamped with a vibrational signature of their consciousness. This signature is a frequency which will either propel you to success or create lack and limitations. This exercise will raise the frequency of your vibrational signature when used frequently.

### **Step 1 Zero Point - Stillness**

Meditate and raise your vibration. There is no shortage of wisdom or abundance in the universe, it is everywhere. But, misinformation, programmed limits, and mis-identification of the self, blocks the ever-present flow of wisdom and abundance. Still the mind and immerse yourself into meditation consciousness. Then feel the stillness and peace of the superconscious state.

### **Step 2 – Noble intention**

Determine your noble intention. This is an intention which benefits your community, family and yourself. It's an intention where you are primarily in service with a high-minded objective.

### **Step 3 – Future Vision**

Visualize your future and feel your noble intention as if it were accomplished now. Let go of any uncertainties or doubt. Increase your frequency with the feeling of unshakable faith.

### **Step 4 – Wonder**

Immerse yourself into the feeling of wonder as you allow the expansion this feeling and what is possible to permeate your mind.

### **Step 5 – Awe**

Increase your frequency to the feeling of Awe. In this consciousness your future is here now. Spirit has delivered the people, places and things to manifest your noble intention. This is the step where you are in Awe and communion with the eternal oneness with Spirit.

### **Step 6 - The Word**

In the beginning was the word, and the word was with God, and the word was God. 'Om', '**Ohm**' or 'Aum' is the vibrational word or sound of the universe from which all the manifest universe emanates. Submerge yourself into the Ohm Vibration. Then, broadcast your noble intentions into the superconscious mind with a sense of gratitude as the omnipresence wealth flows into your noble intentions.

### **Step 7 - Knowing**

Focus your attention around your heart and feel the expansion of Love and then gratitude. Then open up to the completion of this noble intention “Knowing” that it is now in existence. Then say the words that Christ said; “I thank you that you have heard me and that you do hear me always”. It is done.

### **Step 8 - Contribution**

Consciously feel this new signature state of high-vibration, then focus on one person and realize for them that their noble intention is accomplished. (Note: you may want to start over with the steps as you support another person)